



ST PAUL'S SCHOOL
Juniors

Relationships and Sex Education Policy

Author/reviewer responsible:	Head of PSHE / Pastoral Deputy Head	ISI DOC CODE:	
Reviewed by:	SPJ SLT	Date of last review:	August 2019
Authorised by resolution of:	SPJ SLT	Date of authorisation:	August 2019
Applicable:	SPJ	Date of next review:	July 2020

This policy is available on the Handbook page of the School Intranet and policies page of the School website and can be made available in large print or other accessible format if required; such requests can be made by email to: policyquery@stpaulsschool.org.uk

1. Aims & Objectives

- 1.1 The teaching of Relationships and Sex Education (RSE) is a partnership between home and School. The School aims to provide a safe and respectful environment to learn about RSE which supports the vital role of parents in providing this education.
- 1.2 RSE at St Paul's Juniors aims to promote healthy, fulfilling and enjoyable relationships and to allow pupils space to explore their own thoughts, feelings and experiences to develop empathy towards, and an understanding of, others. We also aim to encourage pupils to take responsibility for their own sexual health and wellbeing.
- 1.3 At St Paul's Juniors RSE is about learning the emotional, social and physical aspects of growing up, relationships, sexual reproduction, human sexuality and sexual health. The aim of RSE is to equip children and young people with the information, skills and values to have safe, fulfilling and enjoyable relationships, and to take responsibility for their sexual health and wellbeing.
- 1.4 We recognise that our pupils, come from a diverse variety of families. All teaching at St Paul's Juniors, including the specific RSE education, will aim to support all pupils equally and to encourage the celebration of diversity.

2. Method of Delivery and Themes Covered

- 2.1 All teachers delivering RSE have received relationship and sex delivery training and use appropriate terminology/language, such as the correct medical and scientific vocabulary for parts of the body.
- 2.2 Parents of the Upper Third Years are invited to attend a workshop in the Autumn Term, entitled 'Managing Adolescence' which is held at a similar time to the pupil workshop. At this seminar parents are also briefed on the content of the Spring Term 10 week programme of study.
- 2.3 Upper Third pupils also have access to information about external sources of information, advice and support through signposting within lessons and a selection of websites listed in pupil booklets.
- 2.4 It is important to emphasise that RSE is part of a much broader PSHE & Citizenship programme of study, in which many aspects of human relationships are explored. Progression is ensured between St Paul's Juniors and St Paul's Seniors through regular liaison and sharing of resources and lesson plans between respective Heads of Department.
- 2.5 Specific RSE education is provided at St Paul's Juniors in the following years as part of weekly timetabled lessons.

Year Group & Timing	Topics	Method of Delivery	Delivered By
Autumn Term Upper Second Year	<ul style="list-style-type: none">• Structure and explanation of the male and female reproductive system• How and where fertilisation occurs• The formation of a baby from embryo to full term	Lesson format Hodder Pupil Book Chapter 4	Science teachers

	<ul style="list-style-type: none"> • The changes during male and female puberty • Development of secondary sexual characteristics in males and females • Menstrual cycle 		
Summer Term Upper Second Year	<ul style="list-style-type: none"> • Physical changes • Feelings and emotions • Development of self esteem • Friendships and relationships 	6 week programme of study during timetabled lessons using the following resources: <ul style="list-style-type: none"> • BBC Active 'Growing Up' DVD and follow-up discussion • Lesson plans from the Christopher Winter Project (CWP) to stimulate discussion. • Stonewall video on Homophobia 	PSHE & Citizenship teachers
Autumn Term Upper Third Year	<ul style="list-style-type: none"> • Physical, psychological and emotional changes during puberty • The importance of diet, hygiene, sleep and exercise • Pornography and safe use of the Internet • Homosexuality • Emotional wellbeing and the importance of communication 	2 x pupil Workshop and DVD 1 x parent workshop	Julie Johnson (external consultant)
Spring Term Upper Third Year	<ul style="list-style-type: none"> • History of Sex education • Different types of relationships, what constitutes a positive relationship • Understanding consent • Sexting • Sexuality and Gender • Body image • Portrayal of relationships in the media 	A bespoke 10 Week programme of study during timetabled lessons.	PSHE and Citizenship teachers

3. Monitoring and Evaluation

3.1 Given the nature of Relationship and Sex Education, formal lesson observations are not always appropriate. For this reason, it is imperative that the Head of PSHE and Citizenship communicates regularly with those delivering the RSE curriculum, to discuss:

- The resources and methods that are used; and their appropriateness and effectiveness;
- The reaction of the boys to the lessons and materials;

- The inclusion of new topics that may need to be covered.
- 3.2 To ensure that programme meets pupils' needs, the Upper Third Year provide feedback on the programme at the end of the syllabus. Additionally, pupils are also asked at the start of the syllabus what they would like to learn. If required and appropriate then this information is used to adapt the programme in advance of its delivery. Parents also provide feedback following attendance at parental workshops.
- 3.3 The policy and syllabus is available to all teachers and support staff. This ensures the wider staff body are aware of what is being taught so that they are prepared to support the emotional needs of pupils in their lessons.
- 3.4 Before teaching the syllabus, the Head of PSHE and Citizenship provides a briefing to those teaching it. Staff are informed that should any pupils make a disclosure, they must follow the School's Safeguarding Policy and report this to the Designated Safeguarding Lead.

4. Parental rights

- 4.1 We recognise that parents have the final decision about their sons' Relationship and Sex Education. Some of the topics discussed may be deemed inappropriate to the background and beliefs of individual parents and their sons. In such cases, we fully respect and uphold the rights of parents to withdraw their sons from aspects of the course. Alternative arrangements will be made for pupils in these circumstances; usually, this will involve private study in the library. The right to withdraw from lessons relates only to Relationships and Sex Education, and not to the teaching of the biological aspects of human growth and reproduction.
- 4.2 At St Paul's Juniors, the Head of PSHE & Citizenship sends a letter in advance of any Relationships and Sex Education. This will outline the topics to be covered, the method of delivery and details of the education provider. If parents have any queries or wish to withdraw their son from Relationship and Sex Education, they should contact the Head of PSHE & Citizenship who will then liaise with the pupil's Form Tutor. The RSE policy and an overview of the syllabus are available to parents on the Parent Portal.